

EDTFI Resource Library

I Thought It Was Just Me, Brenee Brown

Rising Strong, Brenee Brown

EMDR Solutions II, Robin Shapiro

Hungry, A Mother and Daughter Fight Anorexia, Sheila Himmel

Intuitive Eating, Evelyn Tribole and Elyse Resch

Overcoming Binge Eating, Christopher Fairburn

Treatment Manual for Anorexia Nervosa, Second Edition: A Family-Based Approach, Lock and LeGrange

Cognitive Behavioral Therapy for Eating Disorders: A Comprehensive Treatment Guide, Glenn Waller et al

Family Eating Disorders Manual: Guiding Families Through the Maze of Eating Disorders, Laura Hill et al

Treating Bulimia in Adolescents: A Family-Based Approach, LeGrange and Lock

Cognitive Behavior Therapy and Eating Disorders, Christopher Fairburn

Almost Anorexic, Jennifer Thomas and Jenni Schaefer

America the Beautiful (movie)

Eating in the Light of the Moon, Anita Johnstone

The Gifts of Imperfection, Brene Brown

Daring Greatly, Brene Brown

America the Beautiful 2 (Movie)

America the Beautiful 3 (Movie)

Miss Representation (Movie)